

Note issues to focus
conversations at clinical visits

Medications

Date	Drug	Dose/ Frequency

Allergies

Dialysis / Transplant / Central Line

Patient Info			
Date			
Height (cm)			
Weight (kg)			
Blood Pressure			



www.aHUSallianceAction.org

Clinical Tracker

Information & Resources
regarding the rare disease atypical
hemolytic uremic syndrome

aHUS Alliance
www.aHUSallianceAction.org

aHUS Info Centre
<http://ow.ly/n4dX30ed5Fd>

Clinical Trials
<https://clinicaltrials.gov>

aHUS Advocacy Groups
<http://ow.ly/SUC830ed5aC>

Global aHUS News & Info
 Facebook@aHUSalliance
 Twitter@aHUSallianceAct

aHUS Awareness Day is 24 Sept



Rising above aHUS

Twitter@aHUS24Sept

#aHUS24Sept and #SHUa24Sept



Global Rare Disease Advocacy
For People Living with Atypical HUS

Clinical Tracker

PATIENT NAME

Diagnosis

Primary Physician

P:

F:

Specialist: Name and Specialty

P:

Specialist: Name and Specialty

P:

Hospital or Clinic

Address

Emergency Contact

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Global Rare Disease Advocacy
For People Living with Atypical HUS



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Symptoms - Note issues and details
Fever
Headache
Change in Vision
Cognitive/Memory Issues
Joint Pain/Stiffness
Muscle Cramps or Tremors
Upset Stomach/Vomiting
Diarrhea or Constipation
Blood in Urine or Stool
Shortness of Breath
Cough or Wheezing
Heart Palpitations
Chest Pains
Skin Rash
Growth/Development Concerns
Feelings of Depression or Isolation
Other
Other

Patient Status- Note issues and details
Home/Lifestyle Issues or Changes
Recent Changes in Health
Changes in Sleeping Pattern
Recent Accidents/Injuries
New Medications/Treatment
Other

Concerns to Discuss- Note issues and details
Medication
Diet/Nutrition
Care Routines (Daily)
Dressing Changes
Catheter/Central Line
Dialysis Routine
Hospital/Clinic Appts
Specialist(s)
Other

CBC (Complete Blood Count)				
Date				
RBC				
Hgb				
Hct				
WBC				
Platelets				
Other				

CMP (Comprehensive Metabolic Panel)				
Date				
Sodium (Na)				
Potassium (K)				
Chloride (Cl)				
Calcium (Ca)				
CO ²				
BUN				
Creatinine				
Glucose				
Albumin				
Other				

LFT (Liver Function Panel)				
Date				
AST				
ALT				
Other				

Chemistry Studies				
Date				
LDH				
Phosphorus				
Other				

Other Labs Tracked				
Date				